

The ADX bike delivers simplicity, durability, and low maintenance. This self-powered air bike features a unique 26-blade fan for smooth, dynamic resistance—perfect for high-intensity workouts. Its heavy-duty, moisture-resistant construction ensures reliable performance under daily use.



Cushioned MultiGrip handlebars offer horizontal and vertical grip options for muscle targeting and variety.



Users determine the intensity level and resistance - settle into steady state cardio or go hard with intensity training.

## FEATURES

- Full-commercial grade
- 26-blade performance fan
- Inertia performance drive system
- Single-stage belt for instant activation
- Class A watts rating
- Smooth motion
- HIIT workouts
- Calibration technology

## SPECIFICATIONS

**DIMENSIONS (L x W x H)**  
26" x 55" x 53" / 66 cm x 140 cm x 135 cm

**DRIVE SYSTEM**  
Single-stage belt drive

**PRODUCT WEIGHT**  
113 lbs / 51 kg

**COLOR**  
Matte Black



Designed for extra comfort, the ADX bike has multiple adjustment options to accommodate different size users.

## LCD CONSOLE



## CONSOLE

The ADX bike's built-in LCD console provides real-time workout feedback, including a tachometer display and watts calibration that adjusts to elevation. With progressive wind resistance, wireless heart rate compatibility (ANT+® & Polar®), and quick-start program keys, users can train efficiently. Plus, its self-powered design ensures hassle-free operation anywhere.



Our custom-designed, 26-blade performance fan design allows exercisers to generate more watt power efficiently and burn more calories.



Stationary anti-slip foot pegs with triple-sided grip pads provide upper-body isolation and traction.

## ADX

## RESIDENTIAL

TECHNICAL SPECIFICATIONS	Power Source	Self-Generating*
	Drive System	Single-stage belt drive
	Performance Fan	26 Blades
	Weighted Inertia Ring	Yes
	Ball Bearings at Pivot Points	Yes
	Solid Steel Cranks	Yes
	Stabilizer feet/ Levers	Yes
	Foot Pegs	Yes
	Replaceable Pedals	Yes
	Multi-Position Seat	Yes
	Replaceable Seat	Yes
	Air Diverter	Yes
	Handlebar Design	MultiGrip
AVAILABLE CONSOLES		Standard ADX Console
CONSOLE FEATURES	LCD Tachometer Display	Yes
	Resistance Levels	Progressive Wind Resistance
	Wireless heart rate ready	ANT+® and Polar®**
	Quick Start	Yes
	Quick program keys	Yes
	Watts calibration (adjusts to elevation)	Yes
	Class A watts rating	Yes
WORKOUTS	Preset Programs	Manual, 20/10 Interval, 30/90 Interval, Custom Interval, Time Target, Calorie Target, Kilojoules Target, Miles Target, Kilometers Target
	Accessories	Water Bottle Holder
PHYSICAL SPECIFICATIONS	Footprint	26"L x 55"W x 53"H / 66 cm x 140 cm x 135 cm
	Machine Weight	113 lbs / 51 kg
	Shipping Weight	132 lb / 59.9 kg
	Maximum User Weight	350 lbs / 160 kg
	Portability	2 Front Transport Wheels
RESIDENTIAL WARRANTY	Frame	5 Years
	Parts	3 Years
	Console	2 Years
	Labor	1 Year
	Wear Items	90 Days

\*\*Optional Polar® uncoded active over 5k Hz. Specifications subject to change without notice.



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