

PERFORMANCE SERIES ELLIPTICAL

The TRUE Performance Series Elliptical combines commercial-grade materials with a sleek, dynamic design to inspire and engage users at home. Designed to provide the most natural movement available on an elliptical, it helps you tone muscles and boost endurance. Featuring user-friendly interactive elements and TRUE technology, it's perfect for your home fitness routine. Opt for the 16" or 10" Touchscreen console to utilize Bluetooth connectivity and track your progress. With ten user profiles and customizable workouts, it offers tailored fitness experiences. The Performance Series also includes TRUE's HRC Cruise Control to maintain your target heart rate, AutoStride™ technology for smooth natural movement.

FEATURES

- Total Body Workout with lower and upper body Isolation
 - Isolate upper body with convenient side steps.
- Core Drive System centers the elliptical's mechanism under the user's balance point, ensuring natural movement and enhanced stability for a safer workout experience.
- AutoStride™ technology that gives you a natural and effective movement.
- Easy side and rear access.
- TRUE's HRC® Cruise Control to maintain your target heart rate throughout a workout.

SPECIFICATIONS

DIMENSIONS (L X W X H)

49" x 33" x 65" / 124.46 cm x 83.8 cm x 165

Q-FACTOR

2" / 5 cm

STEP-UP HEIGHT

8.5" / 21.59 cm

CONSOLE OPTIONS



16" TOUCHSCREEN



10" TOUCHSCREEN



EMERGE LED



PERFORMANCE SERIES ELLIPTICAL

TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' / 2.4 M
	Drive System	Core Drive™
	Total Body Workout	Cardio 360™
	Resistance Source	Servo Motor
	Resistance Levels	25 (EMERGE LED), 30 (Touchscreens)
	Workload Range	25-350 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Stride Length	16"/41 cm to 27"/69 cm .5"/1 cm / 41 cm to 69 cm; 1 cm increments
	Auto Stride™	Yes
	Footpad	Orthopedic Soft Step Cushioned Anti-Fatigue Material (Removable For Easy Cleaning)
	Exercise Arms	Ergonomic Multi-Grip Handle, Optional Rotating Handles, Optional Ergonomically Designed Rotating Handles with Upper-Body Only Capability Height Adjustment
	Handrail Design	Extended Handrails with Molded Rubber, Moisture Resistant Grips
	Side Step Design	Non-Slip Rubber with Textured Pattern
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible, (Bluetooth on Touchscreens)
	Connectivity	Direct Connection to 3rd Party FTMS Apps (Touchscreen Only)
SAFETY	Side Steps	Standard
	Extended Handrails	Standard
	TRUE Lock™	Standard
REGULATORY APPROVALS	ETL UL1647, CSA	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder, Heart Rate Strap
PHYSICAL SPECIFICATIONS	Footprint	49" L x 33" W x 65" H / 124.46 cm x 83.8 cm x 165 cm
	Active Footprint	76" L x 33" W x 65" H / 193 cm x 83.8 cm x 165mm
	Q-Factor	2" / 5 cm
	Machine Weight	272 lbs. / 124 kg
	Maximum User Weight	350 lbs. / 159 kg
	Step-Up Height	8.5" / 21.59 cm
	Portability	2 Front Transport Wheels & Removable Handles
	WARRANTY	Warranty Type
Frame		25 Years
Parts		7 Years
Consoles		Touchscreens 3 Years / EMERGE LED 7 Years
Labor		1 Year

CONSOLE OPTIONS

		16" TOUCHSCREEN	10" TOUCHSCREEN	EMERGE LED
CONNECTIVITY	Bluetooth Connectivity	•	•	
	Apps			
	Chest Strap Included	•	•	•
	FTMS App Compatible	•	•	•
	Wireless Heart Rate Monitoring	•	•	•
	3.5mm Headphone Jack	•	•	
	Reading Rack/ Tablet Holder	•	•	•
	Workouts			
	Quick Start Classics (Goal, Hill, Random Level, Plateau, Constant Power) Vision Run (4 videos) Fitness Test Target HRC User Program Intervals (Classic, HIIT, Custom)	•	•	
	Manual, Hill Intervals, Rolling Hills, Half Marathon, Target HRC, Cardio Challenge, Walk and Run Intervals, Speed Ramp, 5K, 10K, Saved Workouts - if activated			•
Saved Workouts	Console saves last ten (10) workouts and can accommodate up to ten (10) user profiles	•	•	
	Ten (10) user profiles with up to six (6) saved workouts - if activated	•	•	
Touchscreen		•	•	
SERVICE	Software Update Via Wifi	•	•	
	Self Diagnostics	•	•	
POWER CONSERVATION	Sleep Mode	•	•	•
	Standard			



16" TOUCHSCREEN

- 16" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to ten (10) user profiles



10" TOUCHSCREEN

- 10" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to ten (10) user profiles



EMERGE LED

- Quick keys, connectivity, and challenging programs

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

*The stated "Horsepower"/ "continuous Horsepower" (HP/CHP) is a standard reference in the treadmill market, primarily used to aid consumers in making comparisons. This CHP rating is ascertained via lab-based dynamometer tests, which evaluate the mechanical prowess of the motor. Its important to note, however, that the CHP rating is not reflective of the treadmill's working horsepower in a regular home setting. In everyday domestic use, the motor's horsepower doesn't correspond to the CHP value displayed.

