

PERFORMANCE SERIES RECUMBENT BIKE

The TRUE Performance Series Recumbent Bike is designed for maximum comfort, safety, and durability. Its walk-through design accommodates all fitness levels, while the ergonomic reclining seat provides one of the industry's most comfortable rides. With a compact footprint, it fits seamlessly into your home workout space. The 16" and 10" touchscreens offer customizable profiles for up to ten users, allowing everyone to save and track their workouts.

FEATURES

- Thumb-operated controls on the contact heart rate handlebars to easily adjust resistance during your workout.
- Ride in total comfort with our ergonomic reclining seat, featuring breathable elastic mesh and integrated lumbar support.
- Compatible with FTMS including Zwift technology that allows users to virtually exercise around the world.
- TRUE's HRC® Cruise Control that maintains your target heart rate by increasing or decreasing resistance throughout your workout.

SPECIFICATIONS

DIMENSIONS (L X W X H)

58" x 26" x 50.5" / 147.32 cm x 66.04 cm x 128.27 cm

QUICK ACCESS CONTROL

Multi-Function Thumb Controls

CONSOLE OPTIONS



16" TOUCHSCREEN



10" TOUCHSCREEN



EMERGE LED



Telemetry Heart Rate Strap Included



Compatible with Zwift technology



Multi-Function thumb controls



Reclining seat back with conforming lumbar support and 24 position settings



Easy step-through design

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TECHNICAL SPECIFICATIONS	Power Source	110V/15A	
	Cord Length	8' / 2.4 M	
	Drive Motor	Single Stage Drive System with Poly-V Belts	
	Crank	3-Piece Forged Steel Crank System with Sealed Bearings	
	Resistance Source	Servo Motor	
	Resistance Levels	25 (EMERGE LED), 30 (Touchscreens)	
	Workload Range	25-350 Watts	
	Frame Construction	Robotically Welded Heavy-Gauge Steel	
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap	
	Seat	Reclining Fatigue Resistant Elastic Mesh Seat Back with Conforming Lumbar Support and 24 Position Settings	
	Handlebar Design	Two Positions with Moisture Resistant Sleeves	
	Quick Access Control	Multi-Function Thumb Controls	
	SAFETY	Contact Heart Rate Monitoring	Yes
Wireless Heart Rate Monitoring		Polar® Compatible, (Bluetooth on Touchscreens)	
Connectivity		Direct Connection to 3rd Party FTMS Apps (Touchscreen Only)	
REGULATORY APPROVALS		ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK	
EXTRAS		Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/ Tablet Holder, Heart Rate Strap
		Footprint	58" L x 27" W x 51" H / 147.3 cm x 68.6 cm x 129.5 cm
PHYSICAL SPECIFICATIONS		Machine Weight	163 lbs. / 74 kg
		Maximum User Weight	350 lbs. / 159 kg
		Portability	2 Front Transport Wheels
		WARRANTY	Warranty Type Residential
	Frame	25 Years	
	Parts	10 Years	
	Consoles	Touchscreens 3 Years / EMERGE LED 10 Years	
	Labor	1 Year	

CONSOLE OPTIONS

		16" TOUCHSCREEN	10" TOUCHSCREEN	EMERGE LED	
CONNECTIVITY	Bluetooth Connectivity	•	•		
	Apps				
	Chest Strap Included	•	•	•	
	FTMS App Compatible	•	•	•	
	Wireless Heart Rate Monitoring	•	•	•	
	3.5mm Headphone Jack	•	•		
	Reading Rack/ Tablet Holder	•	•	•	
	Workouts	Quick Start Classics (Goal, Hill, Random Level, Plateau, Constant Power) Vision Run (4 videos) Fitness Test Target HRC User Program Intervals (Classic, HIIT, Custom)	•	•	
		Manual, Hill Intervals, Rolling Hills, Half Marathon, Target HRC, Cardio Challenge, Walk and Run Intervals, Speed Ramp, 5K, 10K, Saved Workouts - if activated			•
	Saved Workouts	Console saves last ten (10) workouts and can accommodate up to ten (10) user profiles	•	•	
	Ten (10) user profiles with up to six (6) saved workouts - if activated	•	•		
	Touchscreen	•	•		
SERVICE	Software Update Via WiFi	•	•		
	Self Diagnostics	•	•		
POWER CONSERVATION	Sleep Mode	•	•	•	
	Standard				



16" TOUCHSCREEN

- 16" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to ten (10) user profiles



10" TOUCHSCREEN

- 10" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to ten (10) user profiles



EMERGE LED

- Quick keys, connectivity, and challenging programs

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

*The stated "Horsepower"/ "continuous Horsepower" (HP/CHP) is a standard reference in the treadmill market, primarily used to aid consumers in making comparisons. This CHP rating is ascertained via lab-based dynamometer tests, which evaluate the mechanical prowess of the motor. Its important to note, however, that the CHP rating is not reflective of the treadmill's working horsepower in a regular home setting. In everyday domestic use, the motor's horsepower doesn't correspond to the CHP value displayed.

