TRUE

PERFORMANCE SERIES **UPRIGHT BIKE**

Experience the ultimate in comfort and performance with TRUE's Performance Series Upright Bike. Ergonomic aero bars and armrests ensure maximum body control, power, and stability, allowing you to push your limits while keeping a compact footprint. Customize your ride with fore and aft seat adjustments for a truly personalized workout. With a sleek design and low step-over height, this bike is perfect for those seeking a realistic cycling experience.



Zwift technology

FEATURES

- TRUE's HRC® Cruise Control gradually increases or decreases resistance to maintain your target heart rate.
- Quiet operation for a no-hassle home gym experience.
- Compatible with Zwift technology that allows users to virtually exercise around the world.

SPECIFICATIONS

DIMENSIONS (LXWXH)

44" x 24" x 58.5" / 111.76 cm x 60.96 cm x 148.59 cm

STEP-OVER HEIGHT

16.75" / 42.54 cm

DRIVE SYSTEM

Single Stage Drive System with Poly-V Belts

CONSOLE OPTIONS





9" TOUCHSCREEN



⊿ TRUE

| TECHNICAL | Power Source | 110V/15A | |
|---------------------------|--|--|--|
| SPECIFICATIONS - | Cord Length | 1 8' / 2.4 M | |
| | Drive System | Single Stage Drive System with Poly-V Belts | |
| | Crank | 3-Piece Forged Steel Crank System with Sealed Bearings Eddy Current Brake | |
| | Resistance Source | | |
| | Resistance Levels 25 (EMERGE), 30 (9" Touchscreen) | | |
| | Workload Range | ge 40-600 Watts | |
| | Frame Construction | Robotically Welded Heavy-Gauge Steel | |
| | Pedals | Ratcheting Strap Seat Full foam Stitched with Fore/Aft Seat Adjustments | |
| | Seat | | |
| | Handlebar Design | | |
| | Contact Heart Rate Monitoring | Yes | |
| | Connectivity | App Connectivity via GEM Module prior to starting workout on 9" Touchscreen | |
| SAFETY | | Low Step Over Height | |
| REGULATORY APPROV | /ALS | ETL UL1647, CSA | |
| EXTRAS | Accessories | Water Bottle Holder (2, removable), Accessory Tray, Over Molded Reading Rack/Tablet Holder, Heart Rate Strap | |
| PHYSICAL SPECIFICATIONS | Footprint | 44" L x 24" W x 58.5" H / 111.76 cm x 60.96 cm x 148.59 cm | |
| | Machine Weight | 122 lbs. / 56 kg | |
| | Maximum User Weight | 350 lbs. / 159 kg | |
| | Step-Over Height | 16.75" / 42.54 cm | |
| | Portability | 2 Front Transport Wheels | |
| WARRANTY - - - - | Warranty Type | Residential | |
| | Frame | 25 Years | |
| | Parts | 10 Years | |
| | Console | 9" (7 Years), EMERGE (10 Years) | |
| | Labor | 1 Year | |

Warranties outside the U.S. and Canada may vary – Please contact your dealer for details. Specifications subject to change without notice.

| CONSOLE OPTIONS | | | 9" TOUCHSCREEN | EMERGE |
|-----------------------|-----------------------------------|---|----------------|--------|
| CONNECTIVITY | Bluetooth Connectivity | Арр | • | • |
| | | Chest Strap | • | |
| | | Headphones | • | |
| | Resistance Levels | 25 | | • |
| | Resistance Levels | 30 | • | |
| | Gym Trakr App Tracking | | • | • |
| | Wireless Heart Rate Monitoring | Polar® Compatible | • | • |
| | 3.5mm Headphone Jack | | • | • |
| | Reading Rack/ Tablet Holder | | • | • |
| | Workouts | Manual, Rolling Hills, Single Hill, Random, Glute Buster, Calorie Goal, Pace Intervals, Leg Shaper, Cardio Challenge, Target HRC, Weight Loss HRC, Aerobic HRC, Intervals HRC, 5K, 10K, Fitness Test, Custom Ultra | • | |
| | | Manual, Sports Intervals, Easy Intervals, Rolling Hills, One Big Hill, Target HRO | : | • |
| | Saved Workouts | Console Saves Last Ter (10) Workouts | • | |
| | Six (6) User Profiles | Up to six (6) Save Workouts Each – If activated | • | |
| | Touchscreen | | • | |
| SERVICE . | Software Update Via USB | | • | • |
| | Self Diagnostics | | • | • |
| | Console Warranty | 7 Years | • | |
| | Console Warranty | 10 Years | | • |
| POWER Conservation | Sleep Mode | Standard | • | • |
| LANGUAGES | | English | • | • |



9" TOUCHSCREEN

- 9" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to six (6) user profiles



EMEDGE

- Quick keys, connectivity, and challenging programs
- Up to four (4) user profiles

