



TRUE® Performance 3000 Treadmill

Smooth Quality. Steadfast Durability.



Meet the TRUE Performance 3000 Treadmill

The **TRUE Performance 3000 Treadmill** is a treadmill suited for users of all fitness levels. The Performance 300 combines smooth, quiet quality with steadfast durability. The data feedback and challenging programs motivate any user to work towards their health and fitness solutions.

Your Fitness Experience

Constructed with commercial-grade materials and premium components, so each piece of equipment feels and functions like a commercial machine.

Your Body Will Thank You

TRUE's FITX System offers a bio-mechanically correct running surface. Neoprene shock absorbers in the front of the deck cushion each foot strike, while the back of the deck provides a firmer sensation allowing for a stronger push off with every step.

Maximize Your Workouts

TRUE HRC allows you to enter your target heartrate for maximum results. Our one touch TRUE HRC Heart Rate Cruise Control™ allows you to use HR at anytime in your workout and will adjust speed and incline automatically once you hit your target HR.

- Includes Heart Rate Strap**: A circular callout showing a black heart rate strap with a red sensor.
- Track your workouts using the GymTrakr App**: A circular callout with a person running icon and a smartphone.
- HRC CRUISE CONTROL**: A circular callout with the HRC logo and text: "HRC® Cruise Control gradually adjusts speed and incline to maintain a constant target heart rate throughout your workout".
- Bluetooth® and Polar Heart Rate Compatible***: A circular callout with a Bluetooth symbol and a Polar logo.
- Workout Data**: A circular callout with a smartphone icon and the text "WORKOUT DATA".
- Orthopedic belt for additional reduced impact on joints and knees**: A circular callout showing a close-up of the treadmill's running belt.
- Compatible with Zwift technology**: A circular callout with the Zwift logo.
- TRUE FITX System decreases impact and stress on your joints**: A circular callout showing the treadmill's deck structure.



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TPS3000 TREADMILL

TECHNICAL SPECIFICATIONS	Power Source	120v/15A
	Cord Length	8' / 2.4 M
	Drive Motor	3HP*
	Impact System	TRUE FITX (Foot Impact Transfer) System
	Belt	Lubricant Infused Orthopedic
	Roller Diameter	3" / 7.62 cm
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Speed Range	0.5 MPH to 12 MPH / 0.8 KPH to 19.3 KPH
	Incline Range	0% to 15%
	Quick Access	Quick Touch Speed & Quick Touch Incline Keys
	Handrail Design	Protective Foam Flared Handrails
	Straddle Cover	Heavy-Duty Plastic
	Contact Heart Rate Monitoring	Standard
SAFETY	Safety Clip	Standard
	Extended Handrails	Standard
REGULATORY APPROVALS	ETL UL 1647, CSA, FCC	
EXTRAS	Accessories	Water Bottle Holder (2), Device Ledge, Polar® HR Strap
PHYSICAL SPECIFICATIONS	Footprint	79" L x 33.5" W x 53" H / 200 cm x 83 cm x 135 cm
	Running Surface	60" L x 21" W / 152.4 cm x 53.34 cm
	Machine Weight	297 lbs. / 135 kg
	Maximum User Weight	350 lbs. / 159 kg
	Step-Up Height	6.5" / 16.51 cm
	Portability	Two (2) Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	25 Years
	Motor	25 Years
	Parts	7 Years
	Labor	1 Year

CONSOLE OPTIONS

		9" TOUCHSCREEN	8.5" LCD	
CONNECTIVITY	Bluetooth Connectivity	•	•	
	App	•	•	
	Chest Strap	•	•	
	Gym Trakr App Tracking	•	•	
	Wireless Heart Rate Monitoring	•	•	
	3.5mm Headphone Jack	•	•	
	Reading Rack/ Tablet Holder	•	•	
	Workouts	Manual, Hill Intervals, Rolling Hills, Half Marathon, Target HRC, Cardio Challenge, Walk and Run Intervals, Speed Ramp, 5K, 10K, Saved Workouts - if activated	•	•
		Gerkin Fitness Test, Leg Shaper, Custom Ultra, Single Hill, Weight Loss Hills, Glute Buster, Calorie Goal, Speed Intervals, Weight Loss HRC, Aerobic HRC, Intervals HRC, Saved Workouts - if activated	•	•
	Saved Workouts	Console Saves Last Ten (10) Workouts	•	•
User Profiles	Four (4) user profiles with up to five (5) saved workouts - if activated	•	•	
	Six (6) user profiles with up to six (6) saved workouts - if activated	•	•	
Touchscreen		•	•	
SERVICE	Software Update Via USB	•	•	
	Self Diagnostics	•	•	
	Console Warranty	5 Years	•	
POWER CONSERVATION	Sleep Mode	Standard	•	
			•	
LANGUAGES	English	•	•	



9" TOUCHSCREEN

- 9" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to six (6) user profiles



8.5" LCD

- Quick keys, connectivity, and challenging programs
- Up to four (4) user profiles

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

*The stated "Horsepower"/ "continuous Horsepower" (HP/CHP) is a standard reference in the treadmill market, primarily used to aid consumers in making comparisons. This CHP rating is ascertained via lab-based dynamometer tests, which evaluate the mechanical prowess of the motor. It's important to note, however, that the CHP rating is not reflective of the treadmill's working horsepower in a regular home setting. In everyday domestic use, the motor's horsepower doesn't correspond to the CHP value displayed.



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