

# Meet the TRUE Performance 3000 Treadmill

The TRUE Performance 3000
Treadmill is a treadmill suited for users of all fitness levels. The Performance 300 combines smooth, quiet quality with steadfast durability. The data feedback and challenging programs motivate any user to work towards their health and fitness

## **Your Fitness Experience**

solutions.

Constructed with commercial-grade materials and premium components, so each piece of equipment feels and functions like a commercial machine.

# **Your Body Will Thank You**

TRUE's FITX System offers a biomechanically correct running surface. Neoprene shock absorbers in the front of the deck cushion each foot strike, while the back of the deck provides a firmer sensation allowing for a stronger push off with every step.

#### **Maximize Your Workouts**

TRUE HRC allows you to enter your target heartrate for maximum results. Our one touch TRUE HRC Heart Rate Cruise Control™ allows you to use HR at anytime in your workout and will adjust speed and incline automatically once you hit your target HR.





# **▲** TRUE

TECHNICAL	Power Source	120v/15A	
SPECIFICATIONS			
	Cord Length	8' / 2.4 M	
	Drive Motor	3HP*	
	Impact System	TRUE FITX (Foot Impact Transfer) System	
	Belt	Lubricant Infused Orthopedic	
	Roller Diameter	3" / 7.62 cm	
	Frame Construction	Robotically Welded Heavy-Gauge Steel	
	Speed Range	0.5 MPH to 12 MPH / 0.8 KPH to 19.3 KPH	
	Incline Range	0% to 15%	
	Quick Access	Quick Touch Speed & Quick Touch Incline Keys	
	Handrail Design	Protective Foam Flared Handrails	
	Straddle Cover	Heavy-Duty Plastic	
	Contact Heart Rate Monitoring	Standard	
SAFETY	Safety Clip	Standard	
	Extended Handrails	Standard	
REGULATORY Approvals		ETL UL 1647, CSA, FCC	
EXTRAS	Accessories	Water Bottle Holder (2), Device Ledge, Polar° HR Strap	
PHYSICAL SPECIFICATIONS	Footprint	79" L x 33.5" W x 53" H / 200 cm x 83 cm x 135 cm	
	Running Surface	60" L x 21" W / 152.4 cm x 53.34 cm	
	Machine Weight	297 lbs. / 135 kg	
	Maximum User Weight	350 lbs. / 159 kg	
	Step-Up Height	6.5" / 16.51 cm	
	Portability	Two (2) Front Transport Wheels	
WARRANTY	Warranty Type	Residential	
	Frame	25 Years	
	Motor	25 Years	
	Parts	7 Years	
	Labor	1 Year	

CONSOLE OPTIONS			9" TOUCHSCREEN	8.5" LCD
CONNECTIVITY	Bluetooth Connectivity	Арр	•	•
		Chest Strap	•	
	Gym Trakr App Tracking		•	•
	Wireless Heart Rate Monitoring	Polar® Compatible	•	•
	3.5mm Headphone Jack		•	
	Reading Rack/ Tablet Holder		•	•
	Workouts	Manual, Hill Intervals, Rolling Hills, Half Marathon, Target HRC, Cardio Challenge, Walk and Run Intervals, Speed Ramp, 5K, 10K, Saved Workouts - if activated	•	•
		Gerkin Fitness Test, Leg Shaper, Custom Ultra, Single Hill, Weight Loss Hills, Glute Buster, Calorie Goal, Speed Intervals, Weight Loss HRC, Aerobic HRC, Intervals HRC, Saved Workouts - if activated	•	
	Saved Workouts	Console Saves Last Ten (10) Workouts	•	•
	User Profiles	Four (4) user profiles with up to five (5) saved workouts - if activated		•
		Six (6) user profiles with up to six (6) saved workouts - if activated	•	
	Touchscreen		•	
SERVICE -	Software Update Via USB		•	•
	Self Diagnostics		•	•
	Console Warranty	5 Years	•	•
POWER CONSERVATION	Sleep Mode	Standard	•	•
LANGUAGES		English	•	•



### 9" TOUCHSCREEN

- 9" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to six (6) user profiles



#### 8.5" LCD

- Quick keys, connectivity, and challenging programs
- Up to four (4) user profiles

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

\*The stated "Horsepower" ("continuous Horsepower" (HP/CHP) is a standard reference in the treadmill market, primarily used to aid consumers in making comparisons. This CHP rating is ascertained via lab-based dynamometer tests, which evaluate the mechanical prowess of the motor. its important to note, however, that the CHP rating is not reflective of the treadmill's working horsepower in a regular home setting. In everyday domestic use, the motor's horsepower doesn't correspond to the CHP value displayed.

