



# TRUE® Performance 1000 Treadmill

Affordable Quality. Dependable Performance.



## Meet the TRUE Performance 1000 Treadmill

The **TRUE Performance 1000 Treadmill** offers affordable quality without skimping on premium technology and engineering for your home fitness needs.

### Your Fitness Experience

Constructed with commercial-grade materials and premium components, so each piece of equipment feels and functions like a commercial machine.

### Your Body Will Thank You

TRUE's FITX System offers a bio-mechanically correct running surface. Neoprene shock absorbers in the front of the deck cushion each foot strike, while the back of the deck provides a firmer sensation allowing for a stronger push off with every step.

### Maximize Your Workouts

TRUE HRC allows you to enter your target heart rate for maximum results. Our one touch TRUE HRC Heart Rate Cruise Control™ allows you to use HR at anytime in your workout and will adjust speed and incline automatically once you hit your target HR.

- WORKOUT DATA**: Bluetooth® and Polar Heart Rate Compatible\*
- HRC CRUISE CONTROL**: HRC® Cruise Control gradually adjusts speed and incline to maintain a constant target heart rate throughout your workout.
- Includes Heart Rate Strap**: Includes Heart Rate Strap
- TRUE FITX System**: TRUE FITX System decreases impact and stress on your joints
- Track your workouts using the GymTrakr App**: Track your workouts using the GymTrakr App



[truefitness.com](http://truefitness.com) | 800.426.6570 | 636.272.7100

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## TPS1000 TREADMILL

|                          |                               |  |
|--------------------------|-------------------------------|--|
| TECHNICAL SPECIFICATIONS | Power Source                  | 120v/15A   |
|                          | Cord Length                   | 10' / 3 M  |
|                          | Drive Motor                   | 3HP*   |
|                          | Impact System                 | TRUE FITX (Foot Impact Transfer) System                |
|                          | Belt                          | Lubricated Infused Standard                            |
|                          | Roller Diameter               | 3" / 7.62 cm   |
|                          | Frame Construction            | Robotically Welded Heavy-Gauge Steel                   |
|                          | Speed Range                   | 0.5 MPH to 12 MPH / 0.8 KPH to 19.3 KPH                |
|                          | Incline Range                 | 0% to 15%  |
|                          | Quick Access                  | Quick Touch Speed & Quick Touch Incline Keys           |
|                          | Handrail Design               | Protective Foam Flared Handrails                       |
|                          | Straddle Cover                | Heavy-Duty Plastic                                     |
|                          | Contact Heart Rate Monitoring | Standard   |
| SAFETY                   | Safety Clip                   | Standard   |
|                          | Extended Handrails            | Standard   |
| REGULATORY APPROVALS     | ETL UL 1647, CSA, FCC         |  |
| EXTRAS                   | Accessories                   | Water Bottle Holder (2), Device Ledge, Polar® HR Strap |
| PHYSICAL SPECIFICATIONS  | Footprint                     | 79" L x 33.5" W x 53" H / 200 cm x 83 cm x 135 cm      |
|                          | Running Surface               | 60" L x 21" W / 152.4 cm x 53.34 cm                    |
|                          | Machine Weight                | 297 lbs. / 135 kg                                      |
|                          | Maximum User Weight           | 350 lbs. / 159 kg                                      |
|                          | Step-Up Height                | 6.5" / 16.51 cm  |
|                          | Portability                   | Two (2) Front Transport Wheels                         |
| WARRANTY                 | Warranty Type                 | Residential  |
|                          | Frame                         | 25 Years   |
|                          | Motor                         | 25 Years   |
|                          | Parts                         | 7 Years  |
|                          | Labor                         | 1 Year   |

## CONSOLE OPTIONS

|                    |  | 9" TOUCHSCREEN   | 8.5" LCD |   |
|--------------------|--|--|----------|---|
| CONNECTIVITY       | Bluetooth Connectivity   | •  | •        |   |
|                    | App  | •  | •        |   |
|                    | Chest Strap  | •  |          |   |
|                    | Gym Trakr App Tracking   | •  | •        |   |
|                    | Wireless Heart Rate Monitoring   | •  | •        |   |
|                    | Polar® Compatible  | •  | •        |   |
|                    | 3.5mm Headphone Jack   | •  |          |   |
|                    | Reading Rack/ Tablet Holder  | •  | •        |   |
|                    | Workouts   | Manual, Hill Intervals, Rolling Hills, Half Marathon, Target HRC, Cardio Challenge, Walk and Run Intervals, Speed Ramp, 5K, 10K, Saved Workouts - if activated   | •        | • |
|                    |  | Gerkin Fitness Test, Leg Shaper, Custom Ultra, Single Hill, Weight Loss Hills, Glute Buster, Calorie Goal, Speed Intervals, Weight Loss HRC, Aerobic HRC, Intervals HRC, Saved Workouts - if activated | •        |   |
| Saved Workouts     | Console Saves Last Ten (10) Workouts                                     | •  | •        |   |
| User Profiles      | Four (4) user profiles with up to five (5) saved workouts - if activated |  | •        |   |
|                    | Six (6) user profiles with up to six (6) saved workouts - if activated   | •  |          |   |
|                    | Touchscreen  | •  |          |   |
| SERVICE            | Software Update Via USB  | •  | •        |   |
|                    | Self Diagnostics   | •  | •        |   |
|                    | Console Warranty   | 5 Years  | •        |   |
| POWER CONSERVATION | Sleep Mode   | Standard   | •        |   |
| LANGUAGES          | English  | •  | •        |   |



### 9" TOUCHSCREEN

- 9" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to six (6) user profiles



### 8.5" LCD

- Quick keys, connectivity, and challenging programs
- Up to four (4) user profiles

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

\*The stated "Horsepower"/ "continuous Horsepower" (HP/CHP) is a standard reference in the treadmill market, primarily used to aid consumers in making comparisons. This CHP rating is ascertained via lab-based dynamometer tests, which evaluate the mechanical prowess of the motor. its important to note, however, that the CHP rating is not reflective of the treadmill's working horsepower in a regular home setting. In everyday domestic use, the motor's horsepower doesn't correspond to the CHP value displayed.



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