



# TRUE® Performance 1000 Treadmill

Affordable Quality. Dependable Performance.



## Meet the TRUE Performance 1000 Treadmill

The **TRUE Performance 1000 Treadmill** offers affordable quality without skimping on premium technology and engineering for your home fitness needs.

### Your Fitness Experience

Constructed with commercial-grade materials and premium components, so each piece of equipment feels and functions like a commercial machine.

### Your Body Will Thank You

TRUE's FITX System offers a bio-mechanically correct running surface. Neoprene shock absorbers in the front of the deck cushion each foot strike, while the back of the deck provides a firmer sensation allowing for a stronger push off with every step.

### Maximize Your Workouts

TRUE HRC allows you to enter your target heartrate for maximum results. Our one touch TRUE HRC Heart Rate Cruise Control™ allows you to use HR at anytime in your workout and will adjust speed and incline automatically once you hit your target HR.



Bluetooth® and Polar Heart Rate Compatible\*



Track your workouts using the GymTrakr App



HRC® Cruise Control gradually adjusts speed and incline to maintain a constant target heart rate throughout your workout



Includes Heart Rate Strap



The FITX System decreases impact and stress on your joints



[truefitness.com](https://truefitness.com) | 800.426.6570 | 636.272.7100

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## TPS1000 TREADMILL

TECHNICAL SPECIFICATIONS	
Power Source	120v/15A
Cord Length	10' / 3 M
Impact System	FITX System
Belt	Lubricated Infused Standard
Roller Diameter	3" / 7.62 cm
Frame Construction	Robotically Welded Heavy-Gauge Steel
Speed Range	0.5 MPH to 12 MPH / 0.8 KPH to 19.3 KPH
Incline Range	0% to 15%
Quick Access	Quick Touch Speed & Quick Touch Incline Keys
Handrail Design	Protective Foam Flared Handrails
Straddle Cover	Heavy-Duty Plastic
Contact Heart Rate Monitoring	Standard
Wireless Heart Rate Monitoring	Polar® Compatible
SAFETY	
Safety Clip	Standard
Extended Handrails	Standard
REGULATORY APPROVALS	
	ETL UL 1647, CSA, FCC
EXTRAS	
Accessories	Water Bottle Holder (2), Device Ledge, Polar® HR Strap
PHYSICAL SPECIFICATIONS	
Footprint	79" L x 33.5" W x 53" H / 200 cm x 83 cm x 135 cm
Running Surface	60" L x 21" W / 152.4 cm x 53.34 cm
Machine Weight	297 lbs. / 135 kg
Maximum User Weight	350 lbs. / 159 kg
Step-Up Height	6.5" / 16.51 cm
Portability	Two (2) Front Transport Wheels
WARRANTY	
Warranty Type	Residential
Frame	Lifetime
Motor	25 Years
Parts	7 Years
Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

## CONSOLE OPTIONS

		9" TOUCHSCREEN	8.5" LCD	
CONNECTIVITY	Bluetooth Connectivity	•	•	
	App	•	•	
	Chest Strap	•	•	
	Headphones	•	•	
	Gym Trakr App Tracking	•	•	
	Wireless Heart Rate Monitoring	Polar® Compatible	•	•
	3.5mm Headphone Jack	•	•	
	Reading Rack/ Tablet Holder	•	•	
	Workouts	Manual, Hill Intervals, Rolling Hills, Half Marathon, Target HRC, Cardio Challenge, Walk and Run Intervals, Speed Ramp, 5K, 10K, Saved Workouts - if activated	•	•
		Gerkin Fitness Test, Leg Shaper, Custom Ultra, Single Hill, Weight Loss Hills, Glute Buster, Calorie Goal, Speed Intervals, Weight Loss HRC, Aerobic HRC, Intervals HRC, Saved Workouts - if activated	•	•
	Saved Workouts	Console Saves Last Ten (10) Workouts	•	•
	User Profiles	Four (4) user profiles with up to five (5) saved workouts - if activated	•	•
		Six (6) user profiles with up to five (5) saved workouts - if activated	•	•
	Touchscreen		•	•
SERVICE	Software Update Via USB	•	•	
	Self Diagnostics	•	•	
	Console Warranty	5 Years	•	
POWER CONSERVATION	Sleep Mode	Standard	•	
LANGUAGES		English	•	
PRODUCT COMPATIBILITY		TPS1000, TPS3000, TPS8000	•	



### 9" TOUCHSCREEN

- 9" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to six (6) user profiles



### 8.5" LCD

- Quick keys, connectivity, and challenging programs
- Up to four (4) user profiles



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