

## IGNITE CONSOLE

The TRUE IGNITE CONSOLE was designed to easily incorporate interval training into any small-group training class or facility. Exercisers can transition quickly between work and rest intervals to maximize intensity and recovery with quick-touch speed and incline keys. Created for the TRUE commercial treadmill, including a specifically-designed console for the Alpine Runner Incline Trainer, any facility can now easily provide trainers and users the ability to adapt their workouts to any type of interval regimen on the go.

### FEATURES

- Quick-Touch Speed and Incline Keys
- Extended 5-minute pause
- Available for Commercial Treadmills and Incline Trainer

DISPLAY TYPE	Orange LED
DISPLAYS	Time, Distance, Calories, Heart Rate, Incline, Speed, Track View, Pace
ACCESSORIES	Over-Molded Reading Rack/ Tablet Holder, USB Charging
PROGRAMMING	Quick-Start
PORT ACCESS	CSAFE
SERVICE	Software Update via USB Self Diagnostics
POWER CONSUMPTION	Sleep Mode
LANGUAGES	English
PRODUCT AVAILABILITY	Alpine Runner Incline Trainer, TC900, TC650, TC400
TOTAL WORKOUTS	10
WARRANTY	3-Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



## TREADMILLS

### QUICK KEYS

INCLINE 0 1 2 4 6 8 10 12 14

SPEED 1 2 3 4 6 7 8 10 12



## ALPINE RUNNER INCLINE TRAINER

### QUICK KEYS

INCLINE 0 1 3 5 10 15 20 25 30

SPEED 1 2 3 4 6 7 8 10 12

SPEED LIMITS 12 MPH / 19 KPH AT 0 -18% Incline

9 MPH / 14.5 KPH AT 18.5-25% Incline

6 MPH / 9.7 KPH AT 25.5-30% Incline

