

## PS300 ELLIPTICAL

The PS300 is a premium, user-focused elliptical; designed to help you achieve your fitness goals at home. Manufactured with commercial-grade materials and ergonomically engineered, the PS300 Elliptical is built to keep you moving for years to come. The PS300 offers nine workout programs, orthopedic footpads, ergonomic handles, Heart Rate Control and many more standard TRUE features.

**CARDIO 360®**  
a guided workout to engage the upper, core, and lower body with varying resistance.

### FEATURES

- 12 unique workout programs to constantly challenge and improve your body
- TRUE's Core Drive system which produces the most natural and stable workout for your fitness level
- TRUE's Cardio 360® personal trainer program provides full body workouts to virtually motivate you towards your fitness and lifestyle goals

### SPECIFICATIONS

#### DIMENSIONS (L X W)

49" x 32.5" / 24 cm x 83 cm

#### Q-FACTOR

2" / 5 cm

#### STEP-UP HEIGHT

7" / 18 cm

#### PRODUCT WEIGHT

266 lbs / 121 kg

#### COLOR

Silver/Black

### CONSOLE OPTIONS



**EMERGE**



## PS300 ELLIPTICAL

TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' / 24 M
	Drive System	Core Drive™
	Total Body Workout	Cardio 360®
	Resistance Source	Eddy Current Brake
	Maximum Workload	300 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Stride Length	21" / 53 cm
	Footpad	Orthopedic Soft Step Cushioned Anti-Fatigue Material (Removable For Easy Cleaning)
	Exercise Arms	Ergonomic Multi-Grip Handle
	Handrail Design	Extended Handrails with Molded Rubber, Moisture Resistant Grips
	Side Step Design	Non-Slip Rubber with Textured Pattern
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLE		Emerge
Cardio 360™	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body	Yes
SAFETY	Side Steps	Standard
	Extended Handrails	Standard
REGULATORY APPROVALS		ETL UL1647, CSA
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	49"L x 32.5"W / 24 cm x 83 cm
	Active Footprint	70" L x 32" W x 64" H / 177 cm x 82 cm x 163 cm
	Q-Factor	2" / 5 cm
	Machine Weight	266 lbs. / 121 kg
	Maximum User Weight	350 lbs. / 159 kg
	Step-Up Height	7" / 18 cm
	Portability	2 Front Transport Wheels & Removable Handles
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Parts	7 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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