

M50 ELLIPTICAL

The sleek, curved profile of the M50 Elliptical brings a modern, polished look to home cardio equipment. Featuring ergonomic multi-grip handles and orthopedic cushioned footpads, the M50 Elliptical is equipped with premium user-focused features. Paired with TRUE's legendary patented Heart Rate Control technology, HRC Cruise Control and Cardio 360 training programs, the M50 Elliptical truly maximizes your fitness investment. Plus with one of the smallest footprints on the market, it's a great choice for the space-conscious consumer.

CARDIO 360®
a guided workout to engage the upper, core, and lower body with varying resistance.

FEATURES

- TRUE's HRC® Cruise Control to maintain your target heart rate throughout a workout
- Ergonomic multi-grip handles for a safe and strong upper body routine
- Orthopedic cushioned footpads for a low impact, joint-friendly experience
- TRUE's Cardio 360® personal trainer program provides full body workouts to virtually motivate you towards your fitness and lifestyle goals

SPECIFICATIONS

DIMENSIONS (L X W X H)

42" x 30" x 64" / 107 cm x 76 cm

Q-FACTOR

2" / 5 cm

STEP-UP HEIGHT

9" / 23 cm

PRODUCT WEIGHT

275 lbs / 125 kg

COLOR

Silver/Black

CONSOLE OPTIONS



EMERGE



XM50 ELLIPTICAL

| | | |
|--------------------------|--------------------------------|---|
| TECHNICAL SPECIFICATIONS | Power Source | 110V/15A |
| | Cord Length | 6' / 1.8 M |
| | Drive System | Core Drive™ |
| | Total Body Workout | Cardio 360® |
| | Resistance Source | Eddy Current Brake |
| | Maximum Workload | 300 Watts |
| | Frame Construction | Robotically Welded Heavy-Gauge Steel |
| | Stride Length | 21" / 53 cm |
| | Footpad | Orthopedic Cushioned Soft Grip Footpads |
| | Exercise Arms | Ergonomic Multi-Grip Handle |
| | Side Step Design | Non-Slip Rubber with Textured Pattern |
| | Contact Heart Rate Monitoring | Yes |
| | Wireless Heart Rate Monitoring | Polar® Compatible |
| AVAILABLE CONSOLE | | Emerge |
| Cardio 360™ | Upper Body Isolation | Yes |
| | Lower Body Isolation | Yes |
| | Total Body | Yes |
| SAFETY | Side Steps | Standard |
| REGULATORY APPROVALS | | ETL UL1647, CSA, EN957 |
| EXTRAS | Accessories | Water Bottle Holder, Over Molded Reading Rack/Tablet Holder |
| PHYSICAL SPECIFICATIONS | Footprint | 42" L x 30" W x 64" H / 107 cm x 76 cm |
| | Active Footprint | 70" L x 30" W x 64" H / 177 cm x 76 cm x 163 cm |
| | Q-Factor | 2" / 5 cm |
| | Machine Weight | 276 lbs. / 125 kg |
| | Maximum User Weight | 300 lbs. / 136 kg |
| | Step-Up Height | 9" / 23 cm |
| | Portability | 2 Front Transport Wheels |
| WARRANTY | Warranty Type | Residential |
| | Frame | Lifetime |
| | Parts | 5 Years |
| | Labor | 1 Year |

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



truefitness.com | 800.426.6570 | 636.272.7100

©2019 TRUE Fitness Technology, Inc