

M30 TREADMILL

As part of the TRUE Motivation Series, the M30 Treadmill offers you the highest in quality with the smallest impact on your budget. The M30 rivals anything in its class and is the perfect piece of home fitness equipment to help you reach your goals. Plus, with an overall length of just 74", the M30 Treadmill maximizes workout space in your home. Find your motivation today with a M30 Treadmill.

FEATURES

- A compact footprint of just 74 inches in length that will fit into any home
- TRUE Soft System® that decreases impact and stress on your joints, so you can run longer and farther
- Heart rate tracking and controlled treadmill workouts that maintain your target heart rate by adjusting the machine's speed and incline as you run
- An easy-to-use LCD console for complete control over your progress



SPECIFICATIONS

DIMENSIONS (L X W X H)

74" x 29.5" x 54" / 187 cm x 74 cm x 138 cm

SPEED

0.5 to 12.0 MPH / 0.8 to 19.3 km/H

INCLINE/DECLINE LEVELS

0% to 15%

PRODUCT WEIGHT

220 lbs /100 kg

COLOR

Silver

CONSOLE OPTIONS



7" M SERIES LCD



M30 TREADMILL

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|--------------------------|--------------------------------|---|
| TECHNICAL SPECIFICATIONS | Power Source | 120V/15A |
| | Cord Length | 8' / 24 M |
| | Drive Motor | 3 HP DC |
| | Belt | Lubricant Infused Siegling Multi-Ply with PVC Coating |
| | Frame Construction | Robotically Welded Heavy-Gauge Steel |
| | Speed Range | 0.5 to 12.0 MPH / 0.8 to 19.3 KMH |
| | Incline/Decline Range | 0% to 15% |
| | Handrail Design | Protective Dipped Foam Flared Handrails |
| | Contact Heart Rate Monitoring | Standard |
| | Wireless Heart Rate Monitoring | Polar® Compatible |
| CONSOLE | Display | 7" Single Window Integrated LCD |
| | Programs | 7 |
| | Custom Workouts | 2 |
| | HRC Cruise Control | Standard |
| | Quick Speed Keys | Standard |
| SAFETY | Safety Clip | Standard |
| | Large Straddle Covers | Standard |
| REGULATORY APPROVALS | ETL UL1647, CSA, CE, EN957 | |
| EXTRAS | Accessories | Water Bottle Holder (2), Accessory Tray, Reading Rack |
| PHYSICAL SPECIFICATIONS | Footprint | 74" L x 29.5" W x 54" H / 187 cm x 74 cm x 138 cm |
| | Running Surface | 58" L x 20" W / 147 cm x 51 cm |
| | Machine Weight | 220 lbs. / 100 kg |
| | Maximum User Weight | 300 lbs. / 136 kg |
| | Step-Up Height | 6.5" / 16 cm |
| | Portability | 2 Front Transport Wheels |
| WARRANTY | Warranty Type | Residential |
| | Frame | Lifetime |
| | Motor | 30 Years |
| | Parts | 5 Years |
| | Labor | 1 Year |

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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