



Premium Fitness Equipment Since 1981



The TRUE Z5.0 treadmill is the classic TRUE treadmill. With TRUE's uncompromising standards for quality and a frame that allows full use of the running surface, but keeps the footprint small to maximize your space, the Z5.0 is the perfect treadmill for your home fitness needs. Voted a Best Buy the sleek, intelligent design complements a room instead of taking it over. Bring this classic home and it will become a legend in your house.



# Z5.0



# TRUE

# R E S I D E N T I A L

# Z5.0 TREADMILL

### TECHNICAL SPECIFICATIONS

Power Source	110V/15A
Cord Length	8' (2.4M)
Drive Motor	3 HP DC
Belt	Orthopedic
Frame Construction	Robotically Welded Heavy-Gauge Steel
Speed Range	0.5 to 12.0 MPH (0.8 to 19.3 km/H)
Incline/Decline Range	0% to 12%
Handrail Design	Protective Dipped
Straddle Cover Design	Aluminum
Contact Heart Rate Monitoring	Standard
Wireless Heart Rate Monitoring	Polar® Compatible

### CONSOLE

Display	Dual Window Custom LCD
Programs	10
Saved Workouts	2
HRC Cruise Control	Standard
Quick Speed Keys	Standard

### SAFETY

Safety Clip	Standard
Large Straddle Covers	Standard

### REGULATORY APPROVALS

ETL UL1647, CSA, FCC

### EXTRAS

Accessories Water Bottle Holder (2), Accessory Tray, Reading Rack

### PHYSICAL SPECIFICATIONS

Footprint	68"L x 28"W (172 cm x 71 cm)
Running Surface	54"L x 20"W (137 cm x 51 cm)
Machine Weight	260 lbs. (118 kg)
Maximum User Weight	400 lbs. (181 kg)
Step-Up Height	5.5" (14 cm)
Portability	2 Front Transport Wheels

### WARRANTY

Warranty Type	Residential
Frame	Lifetime
Motor	30 Years
Parts	10 Years
Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.